

Using Secrets of the Millionaire Mind to Change Your Life

Creating Your Life From the
Inside Out



Using Secrets of the Millionaire Mind to Change Your Life

“Give me five minutes, and I can predict your financial future for the rest of your life! How? By identifying your personal ‘money and success blueprint.’” – T. Harv Eker, from Secrets of the Millionaire Mind.

T. Harv Eker grew up believing that money was hard to come by and was constantly fed limiting and negative beliefs. However, one day he discovered a way to change all that and soon, by applying what he learned, went from zero income to becoming a millionaire in only two and a half years. If he can do it so can you.

In fact there have been many people who read his book and used his principles to accumulate great wealth for themselves. These people included Jay Conrad Levinson, Brian Tracy, John Gray, and Robert G. Allen, to name a few.

Learn his secrets and reset your money blueprint to create natural and automatic success.

Using Secrets of the Millionaire Mind to Change Your Life

Your Money Blueprint

- Duality Exists – There is an “outer” law and an “inner” law of money
- Outer laws are like business knowledge, money management, and investment strategies
- Inner laws are what you believe or feel about yourself.

Ask yourself these questions:

1. What are your beliefs
2. What are your habits and traits?
3. How do you feel about yourself?
4. Are you confident in yourself?
5. Do you trust others?
6. Do you truly feel you deserve wealth?
7. Are you willing to act in spite of fear, worry, inconvenience, or discomfort?

Your character, thinking, and beliefs determine your level of success.

Using Secrets of the Millionaire Mind to Change Your Life

Wealth Principle: Your income will grow only to the extent you do!

- Your money blueprint is important.
- Some people do not have the inner capacity to create and hold on to large amounts of money.
- Poor people cannot gain riches while self-made millionaires can.
- Many people have the money thermostat set so low they are freezing financially.
- Most people don't reach their full potential.
- Reason most people are not successful is because they are unconscious.

Fix The Root and Fix the Source

- Our life is like a tree, where the fruit is what we produce.
- People pay more attention to the fruits than the roots.
- We need to focus on the roots if we want to change our results.

Using Secrets of the Millionaire Mind to Change Your Life

Wealth Principle: If you want to change the fruits, you first have to change the roots.

- What is inside is invisible, whereas what is outside is visible.
- Just as a root underground creates a flower or a tree, so what is inside of us or underground, creates our results or what we accomplish in life.

The Four Quadrants

M=Mental	E=Emotional
S=Spiritual	P=Physical

- The planes of existence include the mental, emotional, spiritual, and physical.
- Our mental, emotional, and spiritual state determines our physical state.

Using Secrets of the Millionaire Mind to Change Your Life

Wealth Principle: Everything is based on a result, which is based on cause and effect.

Here is an example of cause and effect:

Print out a paper from your computer and discover a typo. You erase the error on the paper, do another print, and the typo remains. Again the same typo. You try harder to erase the typo and print it out again. Still the same typo. Why?

You changed the printout but not the source of the error. If you removed the error in the program, you would have changed what the result would be in the paper.

- **Remember: lack of money is never the problem.**
- **Your inner self is creating the cause; your lack of money is the effect or result.**

Using Secrets of the Millionaire Mind to Change Your Life

Declarations are very powerful for change because they force involvement.

There is an old saying that:

- What you hear you often forget.
- What you see you will remember.
- Your actions help you understand your thoughts.

For a declaration to work you have to follow a procedure including:

- Put your hand on your heart and repeat the declaration by first saying the word “declaration”
- State the declaration.
- Take your index finger to your head and state another declaration.

Why give declarations? When you give a declaration, you are creating a frequency or vibration. This energy goes through every cell in your body. When you touch your body during this time, you can feel the vibration. Declarations not only go out to the universe but also into your subconscious mind.

Using Secrets of the Millionaire Mind to Change Your Life

Declarations and affirmations are a little different.

Definition of declaration:

“To state an official intention to undertake a course of action.”

Definition of an affirmation:

“A positive statement asserting that a goal you wish to achieve is currently happening.”

- Affirmation states that a goal is happening at the time
- Declaration states we intend on doing something in the near future
- Declaration is official statement that opens up the channels of your body to receive energy.
- Must produce action for energy to be fulfilled and become real.
- Declarations are to be stated morning and night.

Using Secrets of the Millionaire Mind to Change Your Life

You Money Blueprint and You

- Each person has a money blueprint embedded in their subconscious mind
- Your money blueprint determines your financial future

What is a money blueprint?

Look at a house. You can't build one without some kind of guide to tell you how the house is laid out. The guide or blueprint tells the builder what wood to use and how to shape the house.

Your money blueprint does the same thing. It is your present programming, or your way you relate to money. It is your attitude to what money is.

Using Secrets of the Millionaire Mind to Change Your Life

The Process of Manifestation Formula

$T > F > A = R$

- Thoughts lead to feelings
- Feelings lead to actions
- Actions lead to results

Your financial blueprint will consist of all these areas and how they relate to money.

Using Secrets of the Millionaire Mind to Change Your Life

Your financial blueprint was formed the day you were born. It goes like this:

- All programming you received when a baby till now
- Those who programmed you includes your parents, brothers and sisters, friends, authority figures, teachers, religious leaders, media, and others.
- You are taught about money as you grow.
- All programming conditions you for automatic responses for the rest of your life
- Your programming leads to your thoughts, that lead to your feelings, that lead to your actions, that lead to your results.
- Change your programming and you change your results

Using Secrets of the Millionaire Mind to Change Your Life

We are conditioned in three ways:

Verbal programming
Modeling
Specific Incidents

- Verbal programming deals with what you hear when you were young and growing up.
- Modeling deals with who you saw when you were young.
- Specific incidents refer to what you experienced when you were young.

Using Secrets of the Millionaire Mind to Change Your Life

Verbal Programming

Verbal programming deals with what you heard when you were growing up. This includes what you heard about money, wealth, and rich people.

You may have heard phrases such as:

- Money is the root of all evil
- Save your money for a rainy day
- Rich people are greedy
- Rich people are criminals
- You have to work hard to make money
- Money doesn't grow on trees
- You can't be rich and spiritual at the same time
- Money doesn't buy happiness
- Not everyone can be rich
- We can't afford it

Using Secrets of the Millionaire Mind to Change Your Life

Wealth Principle: When the subconscious mind has to choose emotions that are deeply rooted, or logic; emotions will win most of the time.

Verbal Programming

- All the statements you heard about money went into your subconscious
- These thoughts became part of your financial blueprint
- Four key elements of change include awareness, understanding, disassociation, and declaration.

Using Secrets of the Millionaire Mind to Change Your Life

Awareness

You have to know that something exist to change it.

Understanding

You have to understanding why you think the way you do.

Disassociation

You have to be honest with yourself and accept your previous programming as not being you.

Reconditioning

This part is where you condition your mind for change.

Using Secrets of the Millionaire Mind to Change Your Life

How to Change Your Verbal Programming

Awareness

Write down every statement that you heard about money, wealth, and rich people as you were growing.

Understanding

Write down what your belief system is concerning the statements you wrote down under awareness.

Disassociation

At this time evaluate the statements under awareness and realize those statements were learned. They do not belong to you.

Declaration

To change your thinking place your hand over your heart and say "What I learned about money is not true. I choose to think my own thoughts about money from now on, that will lead to my happiness and success."

Using Secrets of the Millionaire Mind to Change Your Life

Modeling

- Your parents or guardians influence you a great deal when you are growing, especially about money.
- How did they manage money? Did they manage correctly or were bad money managers?
- Were they spenders or savers?
- Were they investors or didn't bother with investments?
- Did money come easily or did your family always struggle?
- Was money a source of joy or a cause of arguments?

Using Secrets of the Millionaire Mind to Change Your Life

Modeling

Do you remember the old saying “Monkey see, money do”?

Children imitate their parents and everyone they see around them.

More than likely whatever attitude or way of doing things those around you performed, you took all that into your subconscious and replayed it later.

Therefore we imitate those around us, no matter whether what they do is good or bad.

Sometimes children grow up angry and resentful at the way their parents brought them up, and do the opposite. This is no good because when they make money, they associate this with anger. When this happens they want to lose the money to stop the anger.

Your reason for making money has got to be based on motivation, not on an unsupportive belief such as fear or anger.

Using Secrets of the Millionaire Mind to Change Your Life

How to Change Your Modeling

Awareness

Write down the ways you may prove to be identical or opposite to your parents. You will have to consider the way your parents acted and what their habits were to do this.

Understanding

From what you wrote under awareness, write down how your being identical or opposite affected your financial life.

Disassociation

At this time evaluate what you wrote and realize your parents are not you. So how they acted and thought is not how you will act or think.

Declaration

To change your thinking place your hand over your heart and say"I will no longer follow or imitate how my parents acted or what they thought regarding money. I will act and think about money my own way from now on."

Using Secrets of the Millionaire Mind to Change Your Life

Incidents

What happens around us also influences or conditions us as we grow.

When you were young, what did you experience when you were around money, wealth, or even rich people?

The way you acted and the experience you received went into your memory bank where it was embedded as programming.

The way your parents acted around money, or the incidences that surrounded money in your family, you institutionalized. If the incidences resulted in arguments or ill health, you absorbed this as programming into your subconscious. This because your financial blueprint.

Using Secrets of the Millionaire Mind to Change Your Life

How to Change Specific Incidents

Awareness

Think about any emotional incidents you had around money when you were young. If you have a wife or girlfriend, have here do this exercise to.

Understanding

Write down how the incident you remember under awareness affected your life, especially your financial life.

Disassociation

Look at the incident and realize it was no part of you. You were merely the observer not the partaker. You don't have to allow that incident affect you anymore considering it didn't involve you.

Declaration

At this time you will place your hand over your heart and say"Any incident I remember from my past will no longer be a part of me for they did not involve me. Instead, I will create my own money instances."

Using Secrets of the Millionaire Mind to Change Your Life

What is your money blueprint? Are you set for success or failure? Are you struggling or successful? Is your financial blueprint set to make a lot of money or just a little?

Remember, the only way to change your financial thermostat is to change your belief system, or memory blueprint. If you do not change the inner self or blueprint, your results will always prove to be what your beliefs are.

If you want to live a life of success, change your financial blueprint for success and you'll get there. Just keep in mind that nothing has meaning except for what you give it.

Your thoughts lead to feelings, that lead to actions, that lead to results.

One final thought – Say this out loud as you place your hand over your heart, “I will observe my thoughts and only consider those that will strengthen and empower me towards success.”