

By applying a revolutionary plan of solid tips and techniques, one woman, who actually was so heavy she could barely enter your apartment door, lost an incredible 150 lbs in three months and now has more freedom than she could ever have imagined. If applying this revolutionary plan worked for her, what do you think it could do for you.....

**“Finally a Revolutionary Weight  
Loss Plan That Guarantees You  
Will Lose 10 Lbs of Fat A Week  
Guaranteed!”**

Give me just 10 minutes of your time and I'll show you a revolutionary weight loss plan that helped one lady lose 150 lbs in three months, and can help you lose 10 lbs in a week. And these results are real. Because of the results others have had with my system, I can help you achieve great results to.

Oh, did I mention that you can get this help at practically pennies on the dollar?

At this point you may be thinking "Oh, not another weight loss scheme." You have a right to be, especially since there are many diet plans and gimmicks on the market. How can my plan be any different? Well, my previous customers

didn't think it could be accomplished either until they decided to take the risk, get the book, and try the plan for themselves. When they saw the results, they knew it was no gimmick. You can enjoy the same benefits they received, if you know what to do and how to do it.

**Dear Friend:**

If you think your obesity is something you must live with on an everyday basis, think again. I'll tell you why. I was like you. I was fat at one point. I weigh nearly 300 lbs. I had trouble sleeping at night. I had trouble breathing. My cholesterol level was up. My doctor told me I could have a heart attack at any time. I was scared. I knew I had to act fast. So I started

doing research to find out what I could do to reverse this problem.

I made a decision not to let obesity control me. So I went to the Internet and local library, trying to find a cure for my problem. I finally stumbled over what would become the solution to my weight gain. I applied what I learned and quickly turned my life around. I literally transformed my life overnight. I ended up losing 50 lbs in two weeks. The doctor could not believe his eyes.

I had a customer who was well over 300 lbs and couldn't even get out her house without a struggle. She bought my book, applied what she read, and within three months time, she lost an incredible 150 lbs. Her heart rate became normal. She could actually

breathe easier. Her cholesterol level was down. She was in near perfect health. The doctor, who examined her the first time, could not believe his eyes when he saw her and when he read the test results. He was so impressed that he asked her how she did it. She told him the book she bought, and from that time on, he started to recommend the book to all his patients.

What a remarkable turn around, especially for someone who tried various diets before but failed each time.

Do you know that nearly 60% of this world is obese?

That is a staggering amount of people. And most of those people suffer from one health problem or another. What do you think would happen if they had

my book and applied the revolutionary plan it contained?

Let me ask you some questions: Are you really obese? Are you happy with the way you look? Are you in really good health? Are you happy with what you see in the mirror each day? Do you have trouble getting around because you are so heavy? How would you like to wake up one day and not see that look again? How would you like to have the energy to get up and dance the night away?

I have heard many stories of customers who bought my product, applied what they learned, and found their lives turned completely around. How were they able to achieve such success in their lives and lose the weight they needed to?

The answer is simply by applying my revolutionary plan. By applying the tips and techniques in my plan, you'll get amazing results as well.

Look, you could go see a doctor and have him/her prescribe some diet pill that he claims works for most of his patients, but provide you with nasty side effects.

In order to find the right cure for your obesity, you must do one thing: you must take action and apply the right techniques to resolve your issues or....

**You'll be wasting your time and will stay obese**

When I was confronted by obese people, they were literally crying because they hated themselves, the way they looked, and wanted a wait out. I told them my revolutionary plan, and what would happen if they bought it and applied what they learned, they took

action right away and found amazing results, in some cases, quickly. They ran to their medicine cabinets, threw their diet pills away and canceled all further doctor appointments.

## Learn From Someone Whose Been There and Done It

As a child growing up, I faced many a battle in my life. I had a father who was obese. He was a big man. And because I inherited his genes, I also noticed getting obese. By the time I was 12, I already weighed nearly 200 lbs. When I finished high school, I was called fatty or was called a sideshow freak. I weighed 300 lbs. My life was spiraling out of control. The doctors blamed my thyroid for the problem. They performed tests and had me take diet pills. Some worked for a while but

stopped working after a while. I couldn't stand the taste of them so I gave up on them after a short time.

I had trouble entering college because of weight restriction. I was so big I couldn't even drive a car. I just couldn't function. I had to walk where I went and that proved a struggle after a while.

I decided to research my weight gain and see if there was a cure for it. It took two years and a lot of frustrations, but I finally stumbled onto a revolutionary plan that, once I applied it to myself, I noticed the results almost instantaneously.

I started losing weight quickly and found that after 6 month time I had lost nearly 100 lbs. I kept the progress going and soon by the end of the year, I lost a total of 150 lbs. For the first time in many years, I

was actually near my normal weight for my height. By the end of the following year, I weighed 175 lbs. I went from a nearly 400 lb man to 175 lbs in two years, just by going with this fantastic revolutionary weight loss plan I discovered. My health was completely normal. My blood sugar was normal. My cholesterol was normal. I actually had developed a good body. Women were after me. I felt incredible.

Since I applied the revolutionary plan in my own life with amazing results, who do you want to listen to? A doctor who just wants to shove diet pills down your throat, or someone who actually lived that way but got relief through the actual formula he wants you to try yourself?

# **Here's How to Turn Your Life Around and Lose the Weight You Want Fast**

If you are at the point where you are tired of being fat ... tired of getting looked at as being weird looking ... tired of being discriminated against because you are obese ... want to lose that horrible weight you have on your body ... then listen up because I have some great news for you.

My revolutionary plan has helped so many people lose weight fast. All they did was apply what they learned and that was it. My plan can help you as well.

Here is a quick look at what you will find in my amazingly powerful ebook *Melt Fat Fast*

*A Revolutionary Plan for Rapid Weight Loss.*

- Find out what obesity really is that you didn't know before.
- Find out why obesity happens. You may be surprised to find out why. Untold secrets that doctors never told you are contained herein. Learn what no one ever told you before.
- Find out why people get fat. Is it because they eat too much? Well this is partially true but not completely. Find the whole truth when you read the book.
- Find out how obesity can affect your health. What does being obese cause? What conditions can develop from obesity? What you read may turn your stomach. It will make sure get up off your

can and start doing something quick. You'll end up in panic mode.

- Do you think you are eating healthy nutritious foods? Maybe not. If you are obese, I would bet you don't. What do you need to do regarding nutrition in order to reverse obesity and help you lose the weight you don't want? Find out in the book. You'll be amazed by what you will discover that you must do to prevent obesity.
- Can obesity only happen to adults or do children get obese? If you think obesity can only happen to adults, you better read this book. Because obesity can happen even to children. Find out why it happens and what happens to child who become obese at such a young age.

- Do you know or have you followed any types of diets, like the Atkins diet? Do you know these diets are no good for long term weight reduction? In many cases, the Atkins diet has been proved wrong for many people. Read why diet programs fail to work. Read what programs do work and how to work them.
- Do you want to lose weight fast but think it is impossible? Well many people didn't think so but found it worked. Losing weight is not only possible but it works. Find out how it is done in my book.
- If you are the type of person who loses weight but puts it back on again, you are not doing the right things. Learn how to keep the weight off

permanently just by performing a few tips and techniques.

- Do you have love handles or fat in places you just don't like or want to see? Have you tried to get rid of it but have had no luck? Well now you do. Find out the steps you can take to rid your body of those unseen but disgusting deposits of fat you don't like seeing, and have a better looking body in no time.

**You'll find all the above and more inside my amazingly simple to follow, but powerful, and life transforming revolutionary plan to effective weight loss in my ebook *Melt Fat Fast - A Revolutionary Plan for Rapid Weight Loss*.**

Even after reading all the above you still aren't totally sure? Don't take our words for it. Read what some of our customers had to say:

***"I weighed 450 lbs and found my life in shambles. I lost my husband for another woman. I lost my job because I constantly called in sick. I really felt like giving up, until I talked to a friend of mine who read your book and told me how to get it. I quickly got on my computer, paid for the book, and downloaded it to my computer. I then printed out a copy and read the whole thing that night. The minute I put the book down, I immediately applied the plan to my own life and saw an immediate affect. I actually started noticing a change in me from day one. Within three weeks, I weighed 400 lbs. I couldn't believe this. I actually lost 50 lbs in three weeks. I kept it up and within 6 months time I went from a 450 lb mess of flab to***

***a firm and petite 175 lbs. What an experience. I love you guys. You saved my life!"***

**Jennifer Cook**

**Newport News, Va**

***"I found myself facing many health problems due to my weight. For years I couldn't control it. My weight would fluctuate by going up then down, back and forth. I would find myself going from 268 lbs to 350 lbs. I could never go below 268 lbs. I came across your website under diet and bought your book. I applied what you said and notice within a week a change in my system. Aft first I didn't pay much attention to the feelings. But I kept applying what I learned and decided to check my weight after four weeks of using your plan. I did so, and also fainted. I thought my scale was broken. For I weighed 230lbs. I actually lost 120 lbs in four weeks. This was the lowest weight loss I ever had. I can't going on the plan***

***and after three months, I checked again and noticed I was now down to 165 lbs. For the first time since I was in 10<sup>th</sup> grade, I actually weighed so little. And my body was getting firm and trim. All I can say is thanks."***

**David Wheeler**

**Miami, FL**

***"Before I bought the book I weighed about 250 lbs. I could see it in the mirror to. I couldn't get any dates because when I went out in public, people made fun of me. I started to hate myself. Then I decided to turn my life around. I found your book online, bought it, download it, and applied what I read immediately. Within three weeks time my weight went from 250 lbs down to 180 lbs. I lost 70 lbs in three weeks. I could not believe it. I thought my scale was broken. So I went to my***

*doctor and he confirmed my weight at 180 lbs. He asked me what did I do to lose so much weight in three weeks time. I told him and now he is recommending your book to his patients. Your book is saving lives and you should no this.”*

**Gerry Tedleman**

**Gendale, WI**

**If you are ready to begin but still have a slight hesitancy, well my suggestion for you is to – STOP! STOP! STOP thinking and take action now!**

**Why do you want to live with pain and embarrassment of obesity? You are smarter than that. You have a brain in your head and need to use it right here. Instead of thinking about your present moment, think about your future. What action you take now will make all the difference in the world tomorrow and in your future.**

It doesn't matter who you are, what your current weight or health is. If you are obese and you want relief from it, you have the opportunity right in front of you to do something about it. Take charge of your life now and make it work for you and not against you.

In order to make this happen you will need determination, will power, and one important ingredient of all – my book - *Melt Fat Fast - A Revolutionary Plan for Rapid Weight Loss*.

The key to happiness and a healthy body is

**A normal weight for your body size**

Imagine getting rid of excess body fat that you have been carrying around for quite some time. Imagine being a good health for the first time in years. Imagine not having to pop pills each day just to keep your

**cholesterol down, when you will be keeping it down normally.**

**So how can you get rid of your excess body fat and become fit and trim? Your answer is just a click of the mouse away.**

**Your answer is contained in my ebook: *Melt Fat Fast - A Revolutionary Plan for Rapid Weight Loss.***

**In this book you get all the little secrets, all the knowledge, all the tips and techniques you will need to lose the weight you truly want to lose and keep it off for good.**

**You will learn what obesity is and why it happens. You will learn what happens to the body when you become obese.**

**You learn how to overcome your obesity by engaging in certain actions that will take your weight off fast.**

**If you really want to wake up each morning and feel good and find what you see in the mirror to be pleasing to the eye, then you need to read my book. For only in my book will you find the revolutionary plan that will take your weight and flush it right down the toilet.**

**So what are you waiting for? Stop wasting precious time have an obese body. Become thin again. Be the envy of the crowd. Take control of your life and live it to the fullest.**

**If you are ready to look your best and feel your best, then it is time for you to act now. Stop feeling ashamed of the way you look and take action to fix it.**

**To cure yourself now, all you need to do is get your copy of *Melt Fat Fast - A Revolutionary Plan for Rapid Weight Loss*.**

**I guarantee you that the tips and techniques you will learn in the ebook will change your life forever. It has for me and will for you.**

**I promise that after you read my ebook, and apply the principles therein, you will no longer have to deal with an obese body ever again. Your life will have changed so much you wonder why you didn't do it sooner.**

**And that my friend is a guarantee!**

**Okay, you've convinced me. How do I get your ebook so I can lose this horrible looking fat on my body?**

**That's easy. The price of the ebook is \_\_\_\_\_.**

**Just [click here](#) to order your copy of *Melt Fat Fast - A Revolutionary Plan for Rapid Weight Loss* now before they are all gone.**

**And if you order right now, we will throw in these powerfully amazing ebooks completely free:**

**\* Eating Naturally and Lose Weight Fast (value = \$19.95)**

**\* How to Exercise For Maximum Results (value = \$19.95)**

**\* Keys to Permanent Weight Loss (value = \$19.95)**

**Don't just learn to lose weight. Also learn what you need to keep the weight off. Find out what foods you need to eat to help you lose weight and to maintain your normal weight. Find the right exercise program you can follow that will guarantee you not only weight reduction, but will also put you into great shape. The above bonus ebooks will provide you with all the concrete tips and guidelines you will need to help you on your journey to not only lose weight, but to give you a healthy body free**

**from diseases and illnesses for the rest of your life. All included free for you.**

**If for any reason you decide to ask for a complete refund, you can keep the books as our way of saying thank you for doing business with us.**

**By the way, these bonuses are yours to keep even in the unlikely event you decide to take advantage of our ironclad money-back guarantee:**

**Your satisfaction is guaranteed with our 100%, no-questions-asked, iron-clad money-back guarantee. If you aren't absolutely thrilled with our product, just contact us, so we'll know you are returning it within one year of purchase and we'll refund 100% of your purchase price. No questions asked.**

**But wait! If you're not sure about making that step to purchase it, I'll do you one favor. All I ask is that you just**

get it and try it out. If it doesn't do everything I say and more, if you don't see remarkable results in your life and have a better lifestyle within a short time, just let me know and I'll give you every cent of your money back! So you have nothing to lose and everything to gain.

[Here's how to order right now!](#)

To order ***Melt Fat Fast - A Revolutionary Plan for Rapid Weight Loss*** [click here](#).